

Boudreaux was getting his annual checkup from Doc Robichaux.

"How am I doing?" Boudreaux asked.

"You're in fantastic shape. Here you are 75 and you look 20 years younger dan dat. How you stay so healthy Boudreaux?" the doc asked.

"Well Doc," Boudreaux started, "Me and Charmaine made a deal when we got married 55 years ago. We decided dat whenever we got mad, she would go into da kitchen to cool off - and I would go outside to settle down."

"What you think dats got to do with it? Less stress maybe?" the doc asked.

"Stress? Nah. I just think dat da outdoor lifestyle is healthier," Boudreaux said.

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